



**GOLD STAR**  
**TEEN ADVENTURES**

**Mentor and Volunteer AGREEMENT, WAIVER AND RELEASE FORM  
For GSTA Spartan Race 2018**

Participants Name: \_\_\_\_\_ DOB : \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ Gender (circle one) M F Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Relationship to Participant \_\_\_\_\_

Day Time Phone Number \_\_\_\_\_ Alternate Phone Number \_\_\_\_\_

I will be participating in an Activity or Event sponsored and/or otherwise supported by Gold Star Teen Adventures ("Gold Star") I am fully aware that my participation in the Activity or Event is totally voluntary. In order to induce Gold Star to permit my participation in the Activity or Event and in consideration of such participation, I agree as follows:

**AGREEMENT, WAIVER AND RELEASE**

I hereby waive, release acquit and forever discharge Gold Star its employees, agents, servants, officers, directors, and representatives (in their official and individual capacities) from any and all liability whatsoever for all damages, losses, or injuries (including death), mental anguish or emotional distress to person and/or property, including but not limited to any claims, demands, actions, causes or action, damages, costs, expenses (including hospital and medical expenses) and attorney fees, which arise out of, during, or in connection with my attendance at, participation in, or arising out of the Activity or Event, including travel to and from the Activity or Event. This release is intended to discharge in advance Gold Star its employees, agents, servants, officers, directors, and representatives from any and all liability arising out of or connected in any way with my participation in the Activity or Event offered by Gold Star even if that liability arises out of negligence or carelessness on the part of those parties. It is understood that activities such as the ones I will be participating in involve an element of risk and danger of accidents and knowing those risks, I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold harmless, Gold Star its employees, agents, servants, officers, directors, and representatives from any loss, liability, damage,

cost or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating the Activity or Event.

I represent and warrant that I will be covered throughout the Activity or Event by a policy of comprehensive health and accident insurance which provides coverage in amounts I deem adequate for injuries which I may sustain as part of my participation in the Activity or Event. I hereby release and discharge Gold Star of all responsibility and liability for any injuries, illnesses, medical bills, charges, co-pays, deductibles or similar expenses, whether covered by health insurance or not, that I may incur while participating in Gold Star Activities or Events. I hereby represent that I do not have any physical or mental condition which may require special medical attention or accommodation during the Activity or Event. I certify that I am physically fit, have sufficiently prepared or trained for participation in the Activity or Event, and have not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my participation in the Activity or Event.

Gold Star reserves the right to decline to accept or retain me in the Activity or Event at any time should my actions or general behavior be deemed in the sole discretion of Gold Star to impede the operation of the Activity or welfare of any person.

I understand that by participating all Participants consent to photo images or video recordings taken by the Gold Star staff during the Activity or Event to be used in any or all Gold Star advertisements, publications and websites.

**CONSENT OF PARENT/GUARDIAN (If Participant is a minor)**

I am the parent or legal guardian of the Participant listed above. I hereby consent that the participant may participate in activities at this, or any other Gold Star Activity or Event and I hereby execute the Agreement, Waiver and Release on his/her behalf. I hereby affirmatively state that the said Participant is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost or expense that they may incur as result of the death or any injury or property damage that said Participant may sustain while participating in activities at any Gold Star Activity or Event.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND GOLD STAR TEEN ADVENTURES AND THAT I HAVE SIGNED IT KNOWINGLY AND VOLUNTARILY. THIS RELEASE SHALL BE BINDING ON THE HEIRS, SUCCESSORS, ASSIGNS, AND PERSONAL REPRESENTATIVE OF ME.**

\_\_\_\_\_  
Participant's Printed Name

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/ Guardian Printed Name  
*(if Participant is a minor)*

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Printed Name

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date